APPLICATION FOR U.S. LETTERS PATENT

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FOR

BIOADHESIVE PROGRESSIVE HYDRATION TABLETS

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BIOADHESIVE PROGRESSIVE HYDRATION TABLETS

The present invention relates to a bioadhesive, bioerodible composition for the extended and controlled release of active ingredients. More particularly, the present invention relates to a progressive hydration tablet for adhesion to the wall of a body cavity for the sustained release of active ingredients without premature degradation of the active ingredients caused by metabolism, or by moisture, enzymes or pH effects.

Medications and other pharmaceutical products have traditionally been administered in doses via oral ingestion, These delivery methods have nasal sprays or injections. proven ineffective for patients needing a prolonged and constant supply of an active ingredient delivered to the Particularly difficult are patients needing bloodstream. dosing during sleep time hours. For these patients. intravenous venous ("IV") lines, slow-dissolving pills, and suppositories or transdermal patches have been prescribed. However, the inconvenience and discomfort of IVs, the short ingested active ingredients of many life span gastrointestinal degradation or first-pass liver metabolism, inability of many products to be comfortably delivered transdermally in suitable doses or in controlled concentrations have proven these methods unsatisfactory.

Previous artisans have attempted to meet the needs of the art by developing products for the transmucosal administration of active ingredients. For example, certain active ingredients can be administered quickly into the bloodstream via the walls of a body cavity, such as the buccal or vaginal cavities, without the risk of first pass hepatic degradation. Generally, delivery of active ingredients through mucosal surfaces may be enhanced by the

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use of bioadhesive formulations. However, one particular area where those in the art have attempted, but heretofore failed, to meet the needs of the art is in developing a bioadhesive tablet useful for sustained release applications without risking degradation of the active ingredient before it is actually released.

"Sustained release" generally refers to continuous or sporadic release of an active ingredient over an extended time after a single administration, whereby the level of active ingredient available to the host patient often is maintained at some constant level over a period of time. As used herein, it is also intended to cover the situation where the release of an active ingredient is controlled over a period of time wherein the level of active ingredient available to the host (bioavailability) may be at a variable but predetermined level at a particular instant in time of treatment.

The sustained release bioadhesive tablets known in the art can be generally broken down into two categories: tablets consisting of water soluble carbomers, tablets consisting of insoluble polymers. Both types of tablets have proven unsatisfactory for many applications. For example, numerous artisans have attempted to formulate a suitable sustained release bioadhesive tablet from water soluble carbomers, such as carbomer 934P or CARBOPOL™ 974 resin (commercially available from B.F. Goodrich, Cleveland, However, such tablets often are only able to adhere Ohio). to the wall of a body cavity for short periods of time, e.g., six hours or less. Also, these tablets are easily dislodged from the wall of a body cavity and thus place buccally risk such tablets at patients using Furthermore, these prior art asphyxiation. inherently become hydrated relatively quickly and thus may

prematurely expose the reservoir of active ingredient to by enzymes from the degradation by moisture or environment such as from bacteria in the septic oral or vaginal cavities.

Similarly, tablets comprised of insoluble polymers, have proven unsuitable for many such as polycarbophil, applications. For example, although polycarbophil tablets are capable of prolonged attachment to the wall of a body cavity, such tablets do not adhere immediately, making them impractical for certain treatments such a buccal delivery of active ingredients to patients during sleep time hours. Further, such tablets often do not soften sufficiently to provide comfort and imperceptibility, or provide safety from potential aspiration of the tablet.

Furthermore, for example, neither type of prior suitable for tablet particularly treating is many conditions. As alluded to previously, there are numerous medical conditions in which a sustained and/or controlled release of active ingredient(s) is desired for any of numerous reasons including, for example, to alleviate the first-pass hepatic metabolism of the impact of ingredient or the risk of premature degradation of the active ingredient by moisture, pH effects, or enzymes, or to attain the comfort and convenience offered by a suitable bioadhesive tablet. Such conditions include, but are not limited to, for example, those needing treatment with an active ingredient that may be, but is not limited to, glycoprotein, protein, sex hormone, anti-hormone, nitrate, beta-agonist, beta-antagonist, opioid, opioid-antagonist, antidepressant, HMG CoA (3-hydroxy-3-methylglutaryl Coenzyme inhibitor. (angiotensin antihistamine, ACE reductase converting enzyme) inhibitor, and/or prostaglandin. Heretofore the art has required such patients to undergo the

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more invasive and less suitable techniques and methods of delivery described above.

To illustrate the need in the art, consider hypogonadal men, for example. Hypogonadism in man is characterized by a deficiency or absence of endogenous testosterone production. Abnormally low levels of testosterone may place men at risk of "Andropause", wherein men are at greater risk of cardiovascular disease, Alzheimer's disease, and osteoporosis.

Testosterone has traditionally been used to treat However, to be most effective, hypoqonadal the men. of be capable complete physiologic treatment must Moreover, the treatment must be testosterone replacement. of providing sustained levels of testosterone capable through the night, preferably sustaining a peak in the middle of the night. Transdermal testosterone patches typically produce only sub-physiologic levels and thus incomplete relief. Similarly, the prior art buccal tablets hereintofore described would be ineffective or impractical for such sustained testosterone delivery.

The hormone testosterone, like many other including many other proteins and glycoproteins, undergoes high first pass metabolism. Accordingly, as will appreciated by one of ordinary skill in the art, buccal or vaginal tablets consisting of materials that are incapable of keeping the interior reservoir of the tablet in the dry state for prolonged periods are inherently incapable of preventing dissolution and swallowing or dissolution and absorption of the through the muscosa active rapid ingredient. Furthermore, as will be appreciated by one of ordinary skill in the art, tablets which are unable to quickly adhere to the target area or are able to become

dislodged are impractical for treatments which use nighttime delivery, such as testosterone treatment.

Active ingredients such as testosterone may also undergo undesired metabolism. For example, 5α -reductase converts testosterone to 5α -dihydrotesterone (DHT). DHT may cause adverse effects such as hair loss and prostate disorders. Similarly, 5α -reductase may metabolize other active ingredients such as progesterone.

Various testosterone formulations have been developed to circumvent the problems inherent in rapid clearance of orally and parenterally administered agents. These include without (with or emollient), transdermal preparations implantation, biodegradable pellets subcutaneous injection, for and microcapsule formulations complexes that enhance sublingual absorption of the hormone. Of these, the testosterone transdermal system for use on the scrotum and other skin patch products, are probably the most widely tested. Under optimal conditions, they are intended to approximate the physiological pattern of hormone levels throughout the day and provide an alternative to parenteral therapy.

the scrotal preparation causes However, а plasma dihydrotestosterone disproportionate increase in (DHT) to a level that is 30 to 40% that of testosterone, presumably because of the high level of 5α -reductase Other skin patches likewise produce high scrotal skin. Such increases in serum DHT have also been levels of DHT. reported after treatment with the extremely long-acting parenteral testosterone ester testosterone buciclate ester testosterone undecanoate. with the oral Textbook of Endocrinology, 9th Ed., W.B. Saunders Company, p. Thus, the present invention advantageously avoids the

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side effects that may be caused by $5\alpha\text{-reductase's metabolism}$ of active ingredients.

Furthermore, as will be appreciated by one of ordinary skill in the art, the advantages of a sustained release, bioadhesive tablet according to the present invention are not limited to the treatment of hypogonadism in men. example, patients often require sustained release hormone treatment for various conditions. In addition, other medications, such as steroids for treating such conditions as asthma, involve treatments where desired peak levels are at night during sleep-time hours. Accordingly, one of ordinary skill in the art will appreciate that there exists a long-felt, yet unresolved, need to develop a bioadhesive, sustained release tablet to overcome the aforementioned needs of the art, including, but not limited to, the delivery of therapeutically effective amounts of an active ingredient which may be metabolized or otherwise degraded by moisture, enzymes, or pH effects, such as glycoproteins, hormones, anti-hormones, nitrates, proteins, sex betaagonists, beta-antagonists, opioids, opioid-antagonists CoA reductase inhibitors, antidepressants, HMG antihistamines, ACE inhibitors, and/or prostaglandins.

BRIEF DESCRIPTION OF THE DRAWINGS

Figure 1 is a series of photographs depicting the progressive hydration of a bioadhesive tablet according to the invention.

Figure 2 is a flowchart depicting a presently preferred method of making bioadhesive tablets according to the

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The present invention meets the aforementioned needs in the art. Accordingly, it is an object of the invention to provide a bioadhesive tablet that adheres immediately or almost immediately to the target tissue area of a body cavity and generally stays attached substantially throughout treatment. In accordance with this aspect of the invention, there is provided a bioadhesive tablet that can stay attached and deliver active ingredients in the buccal cavity for as much as eighteen hours or more. In accordance with a related aspect of the invention, there is provided a bioadhesive tablet that can stay attached and deliver active ingredients vaginally for as much as 72 hours or more.

It is another object of the invention to provide a bioadhesive tablet that progressively hydrates, whereby the inner core of the tablet remains protected from moisture and the surrounding environment. In accordance with this aspect of the invention there is provided a bioadhesive tablet suitable for sustained release use in mucosal and other body cavities even with active ingredients comprising proteins or glycoproteins or other treating agents that are particularly susceptible to metabolism, or to enzymatic, pH, or moisture-induced degradation.

It is a related object of the invention to provide a bioadhesive tablet having both controlled and sustained release properties due to a tablet formulation wherein the active ingredient is only progressively made bioavailable over an extended time period by the progressive hydration of the tablet's dry reservoir of active ingredient.

It is another object of the invention to provide a bioadhesive tablet according to the invention that also gelifies and/or swells to help protect a patient using the tablet buccally from asphyxiation, particularly a sleeping patient undergoing treatment.

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It is yet another object of the invention to provide methods of making bioadhesive tablets in accordance with the aforementioned objects of the invention. In accordance with one aspect of the invention, there is provided a method of making bioadhesive tablets wherein an active ingredient resistant to premature metabolism and/or degradation is in the first and/or second step (manufacture of In accordance with a related aspect of the granulate). invention there is provided a method of making bioadhesive tablets wherein an active ingredient prone to premature metabolism and/or degradation is added in the second step (manufacture of the tableting mixture) after the granulate is dried and sieved. Of course, other concerns or factors may affect the choice of which step or steps are appropriate for adding a particular active ingredient.

It is yet another object of the invention to provide methods of using bioadhesive tablets as described herein. In accordance with one aspect of the invention, there is provided a method of using a bioadhesive tablet to administer to a male patient a sustained release of testosterone. In accordance with a related aspect of the invention, there is provided a method of using a bioadhesive tablet to administer to a female patient a sustained release of a hormone, such as testosterone.

The inventors of the present invention have discovered, quite unexpectedly, that these and other objects for the invention may be achieved by making and using tablets comprising an active ingredient, water soluble polymers (e.g., CARBOPOL™ 974P), and insoluble polycarbophil (e.g., NOVEON®, available from B.F. Goodrich Specialty Polymers of Cleveland, OH), and preferably hydroxypropylmethyl cellulose (HPMC), lactose, corn starch and other standard tablets ingredients, such as magnesium stearate and talc.

Bioadhesive, progressive hydration tablets according to the invention may be used with any suitable active ingredient and may be used to deliver a therapeutic amount of the active ingredient to a patient at controlled rates for sustained periods of time. Tablets according to the invention may also be constructed in any suitable shape and any suitable size consistent with the intended therapeutic use of the tablet.

Tablets according to the invention may comprise any suitable amount of active ingredient. Suitable amounts of active ingredient according to the invention may be from minuscule amounts to about 50%, or more. As will be appreciated by one of ordinary skill in the art, "minuscule is intended to cover those amounts of ingredient that are disproportionately small relative to the tablet, for example, when only a few micrograms of active ingredient are to be delivered via a tablet weighing over a hundred milligrams. Accordingly, one of ordinary skill in will the appreciate that amount art any of ingredient, in any ratio, is within the scope of the present invention.

The balance of the tablet according to the invention may comprise water soluble polymer(s) and water insoluble cross-linked polycarboxylic polymer(s). Also, according to the invention, exemplary tablets preferably have between about 1% and about 75% by weight water soluble polymer and between about .5% and about 10% by weight water insoluble cross-linked polycarboxylic polymer. In accordance with the invention, such exemplary tablets also preferably include between about 5% and about 50% cellulose. Also in accordance with the invention, presently preferred tablets may have between about .5% and about 25% by weight starch.

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These preferred tablets may also have between about 1% and about 50% by weight lactose.

Furthermore, according to the invention, preferred tablets may comprise from about .01% up to about 2% silica; and/or up to about .5% by weight talc; and/or up to about 2.5% by weight magnesium stearate.

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Accordingly, one of ordinary skill in the art will appreciate that the components of the tablets can be varied to suit a particular purpose. For example, the inventors of the present invention have discovered, quite unexpectedly, that one way of increasing (decreasing) the time it takes a progressive hydration tablet to hydrate is by decreasing (increasing) the amount of lactose and/or starch and increasing (decreasing) the amount of water soluble polymer. Alternatively, the density of the tablet may be altered to affect the hydration period.

Active ingredients suitable for use in the present invention include any active ingredient oringredients requiring sustained or controlled release, any active ingredient or ingredients requiring extended protection from premature degradation by moisture, pH effects, or enzymes, or any active ingredient requiring administration patient with protection from first-pass hepatic metabolism. Exemplary active ingredients suitable for use with present invention include, but are by no

(1) glycoproteins, such as follicle(FSH), luteinizing hormone (LH),
gonadotropin (HCG), thryoid-stimulating
the like; (2) proteins, such as
antagonist), oxytocin analogs, somatos
plaminogen activator (TPA), growth hor
(GHRH), corticotropin-releasing homalogs), and the like; (3) sex hormo

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testosterone, progesterone, and the like; (4) anti-hormones, such as tamoxifen, mifepristone, and the like; (5) nitrates, such as nitroglycerin, isosorbide, erythrityl tetranitrate, tetranitrate, and the like; (6) pentaerythritol terbutaline, albuterol, agonists, such as pirbuterol, bitolterol, ritodrine, and the like; (7) beta-antagonists, such as propranolol, metoprolol, nadolol, atenolol, timolol, esmolol, pindolol, acebutolol, labetalol, and the like; (8) such as morphine, hydromorphone, oxymorphone, opioids, codeine, hydrocodone, oxycodone, leverophanol, levallorphan, fentanyl, nalbuphine, butorphanol, buprenorphine, pentazocine, and the like; (9) opioids-antagonists, such as naloxone, nalmefene, and the like; (10) antidepressants, such as amitriptyline, amoxapine, desipramine, doxepin, imipramine, maprotilen, nortriptyline, protripyline, trimipramine, fluoxetine, trazodone, and the like; (11) HMG CoA reductase inhibitors, such as lovastatin, mevastatin, simvastatin, pravastatin, atorvastatin, and the like; (12) loratadine, chlorpheniramine antihistamines, such as maleate, brompheniramine maleate, diphenhydramine, dimenhydrinate, carbinoxamine, promethazine, tripelannamine, and the like; (13) ACE inhibitors, such as captopril, enalapril, lisinopril, and the like; and. (14)prostaglandins, such as misoprostol and the like. Accordingly, one of ordinary skill in the will art appreciate that tablets according to the invention may be used with a wide variety of active ingredients to treat a wide variety of conditions.

The present invention also provides a pharmaceutical composition comprising:

an effective amount of active ingredient that is metabolized by $5\alpha\text{-reductase}$,

a water insoluble, water-swellable cross-linked polycarboxylic polymer, and

a water soluble polymer,

wherein said composition is formulated to deliver said active ingredient to the bloodstream of a mammal through a mucosal surface of the mammal.

The present invention further provides a method of delivering to a mammal an active ingredient that is metabolized by 5α -reductase, comprising administering said active ingredient via a progressive hydration bioadhesive composition through a mucosal surface of the mammal.

In addition, the present invention provides a composition for delivering to the bloodstream of a mammal an active ingredient that is metabolized by 5α -reductase, comprising:

a water insoluble cross-linked polycarboxylic polymer, and

a water soluble polymer,

wherein said composition is formulated to deliver said active ingredient through a mucosal surface of the mammal.

Preferably, the compositions of the present invention are formulated to deliver said active ingredient via the mammal's vaginal, buccal, nasal or rectal cavity.

The aforementioned and other aspects of the invention will become more clear by reference to the Figures and descriptions of preferred embodiments.

A preferred embodiment of the invention is depicted in Figure 1. As shown in the first-frame of Figure 1, before the tablet is administered all of the active is in the dry state and thus, not subject to the deleterious action of moisture, pH effects, enzymes or other chemicals. It is also not available for absorption (bioavailable). As shown in frames 2-6 of Figure 1, over time the residual portion of

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the active remains in the dry state which both protects it from water and the immediate environment as well as allowing it to serve as a reservoir for the sustained and controlled release of the active. Such a delivery system is well suited for the delivery of proteins, glycoproteins, and other drugs which must be protected from metabolism or during prolonged administration from enzymatic, pH, or moisture-induced degradation.

preferred embodiment, when In used progressive hydration of the bioadhesive tablet protects the patient, should the tablet become dislodged, by gelifying and becoming heavier and thus less likely to float in the risking aspiration. This makes this embodiment particularly well suited for agents that should reach their peak levels in the middle of the night, e.g., hormones like testosterone or steroids to treat asthma. According to the invention, the hydration of the tablet can preferably take 12 to 24 hours) when formulated for buccal hours (e.q. tablets or even days when formulated for vaginal use. As will be appreciated by one of ordinary skill in the art, prior art bioadhesive tablets do not protect the active ingredient from moisture, pH, or from enzymes produced by bacteria in the septic oral and vaginal orifices.

Furthermore, as will be appreciated by one of ordinary skill in the art following the teaching of the present application, the tablet can be sized, shaped and dosed to meet the needs of the particular treatment being undertaken. For example, the buccal bioadhesive tablet depicted in Figure 1 was constructed to be only 9mm in diameter for the comfort of the patient, but made capable of delivering 7mg of testosterone per day, full physiologic level. By contrast, prior art transdermal patches were only capable of

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delivering 5mg per day, in other words a sub-physiologic level.

A presently preferred method of manufacturing bioadhesive tablets is diagramed in Figure 2. The presently preferred method involves three steps as described below:

1. First step: manufacture of the granulate.

Hydroxypropylmethyl cellulose 15 000(=HPMC 15 000) is mixed with corn starch and lactose and in case of an active ingredient non sensitive to moisture the active is added. The mixture is wet with an aqueous solution of hydroxypropylmethyl cellulose 5 (=HPMC 5) and knead/granulated.

The granulate is dried in an oven under warm air (50 C) until moisture content is less than 2.5%

The dried granulate is broken with a stainless steel sieve oscillating granulator mesh size 1000 m.

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Talc, silicon dioxide magnesium stearate, and in a case of an active sensitive to moisture, the active ingredient is added. All is sieved through a sieving machine having aperture size 500 m and then transferred into a free-fall mixer.

Addition of the granulate of step 1, followed by polycarbophil, carbomer and lactose. The whole is mixed until homogenous.

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3. Third step: tableting

The tableting mixture is compressed into tablets by means of a rotative tableting machine equipped with punches 9mm flat on the upper side and curved (r=9mm) on the lower side both with beveled edge. The tablets are dedusted and packed.

As depicted in Figure 2, an active ingredient that is non-sensitive to moisture is preferably added during the manufacture of the granulate. However, alternatively, the active ingredient can be added during the second step after the granulate is dried and sieved. Also, as will be appreciated by one of ordinary skill in the art, this second method is particularly preferred when the active ingredient is sensitive to moisture.

In a presently preferred manufacturing process, the active ingredient is preferably protected from moisture. A wet granulation is made of lactose, corn starch and HPMC. Testosterone, polycarbophil, carbomer 934P, talc and magnesium stearate are added dry for the final compression.

Furthermore, as will be appreciated by one of ordinary skill in the art following the teaching of the present application, the materials of construction can be varied to

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optimize the desired characteristics of the tablet. For example, the present inventors have discovered that, quite unexpectedly, by progressively decreasing the amount of lactose and corn starch and progressively increasing the amount of carbomer 934P, the amount of time it takes a tablet to hydrate is progressively increased. Accordingly, as will be appreciated by one of ordinary skill in the art, tablets suited for specific treatments (i.e., specific active, specific dose, specific delivery time) can be manufactured.

These and other aspects of the invention may be more clearly shown by way of example.

EXAMPLE: TESTOSTERONE TABLET

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The following is an example of a formulation (Formulation 8, batch #00029906) designed for complete physiologic replacement of testosterone in men:

Testosterone	30.000 mg	24.0%
HPMC.	26.250 mg	21.0%
Corn Starch	22.500 mg	18.0%
Monohydrated Lactose	30.125 mg	24.1%
Silica	1.250 mg	1.0%
Polycarbophil (Noveon)	3.125 mg	2.5%
Carbomer 974P	9.375 mg	7.5%
Talc	1.500 mg	1.2%
Magnesium stearate	0.875 mg	0.7%

Formulations like the one above produced sustained release in in-vitro dissolution tests. When used in female subjects formulas like this one also produce a sustained and controlled release of testosterone for 12 hours or more.

Formulations like the one above also provide a blood serum concentration ratio of testosterone to

 5α -dihydrotestosterone (DHT) of about 12 to 1 in the bloodstream of said mammal. It is contemplated that this serum concentration ratio preferably is about 10 to 1 or greater.

Table 1 depicts nine different formulations of bioadhesive tablets according to the invention. The active ingredient, testosterone, was held constant at 30.0 mg (24% by weight) so the effect of varying the proportions of the inactive ingredients could be studied.

The testosterone dissolution rates of selected formulations were then studied. Table 2 depicts the testosterone dissolution rate of six tablets selected from Formula 1, batch #0069904. Table 3 depicts the testosterone dissolution rate of six tablets selected from Formula 3, #0049904. Table batch 4 depicts the testosterone dissolution rate of six tablets selected from Formula 5, batch #0029904. Table 5 depicts the testosterone dissolution rate of Formula 6, batch #0019904.

The dissolution rate data was then graphed to illustrate the percent of testosterone released per hour. Chart 1 depicts the testosterone release rate for Formula 1 (see Table 2). Chart 2 depicts the testosterone release rate for Formula 3 (see Table 3). Chart 3 depicts the testosterone release rate for Formula 5 (see Table 4). Chart 4 depicts the testosterone release rate for Formula 6 (see Table 5).

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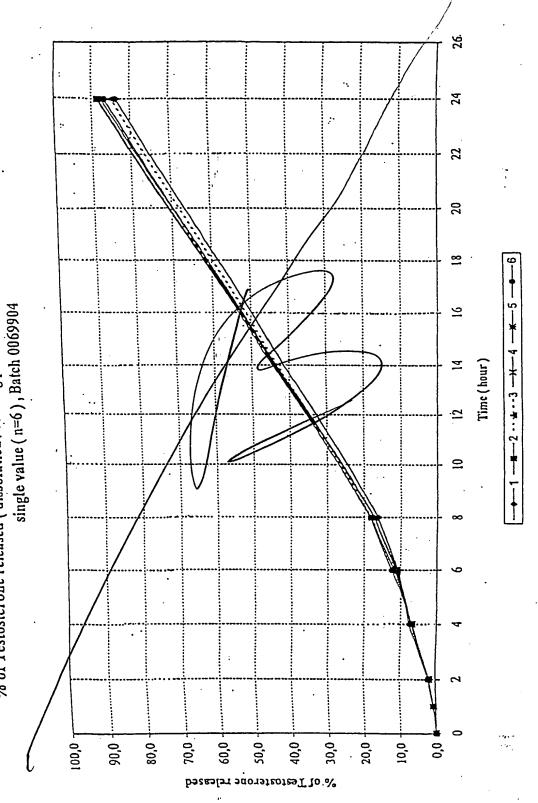
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WITHDRAW (BOUR)	1 min	177	20	2,3	2,0	80		N'7	
007	m) withdikaw (bo		7 0	000	60	80	6'0	6'0.	
	WITIDRAW (HOUR) WITHDIAN	0	00	0.0	0 0	00	00	LUE 0,0	
-		SAMPLE	<u> </u>				5	S CE VALUE	1 > S = A Y

CHART 1

% of Testosterone released (dissolution/rotating paddle 60 rpm + platinum wire spiral) Formula 1



DOMESCIANT COMMEN

CHART 2

% of Testosterone released (dissolution/rotating paddle 60 rpm + platinum wire spiral) single value (n=6), Batch 0049904



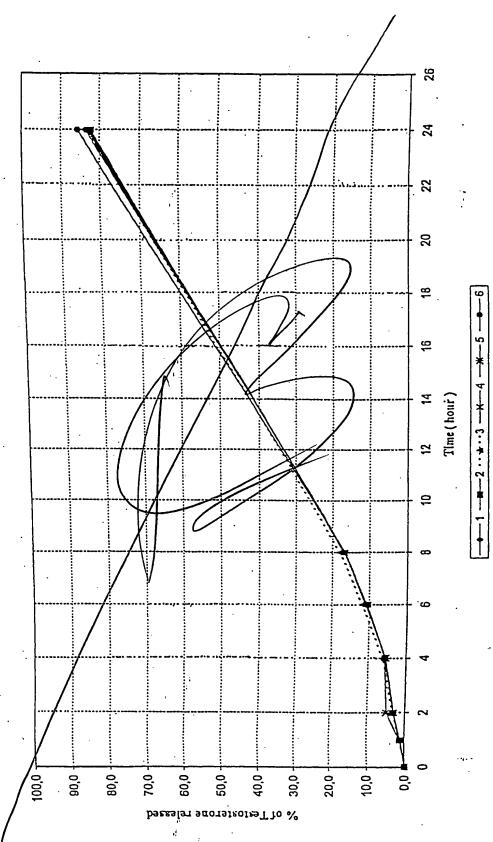
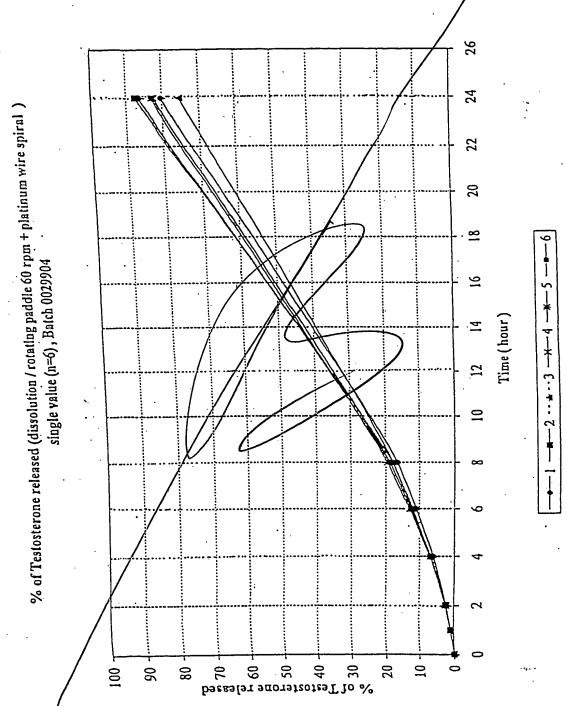
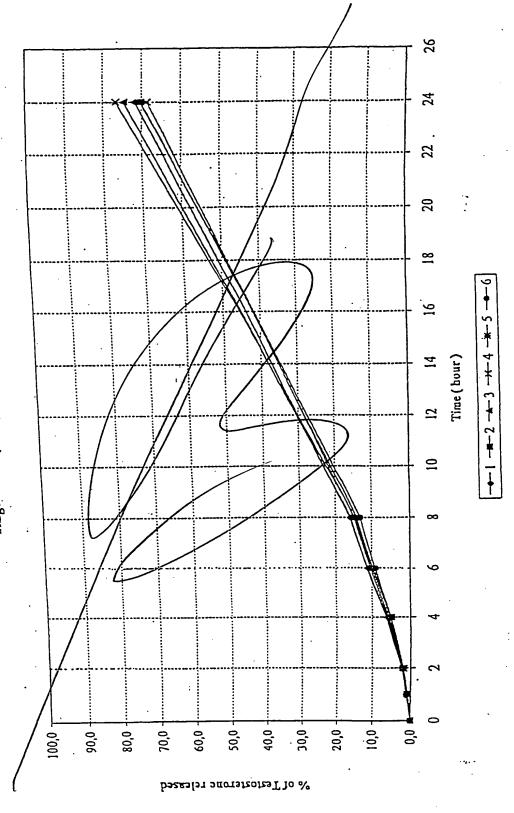


CHART 3



DOSTSO" EZOSSO

% of Testosterone released (dissolution / rotating paddle 60 rpm + platinum wire spiral) single value (n=6), Batch 0019904 CHART 4



As shown in the charts and tables, by decreasing the amount of lactose and corn starch and increasing the amount of carbomer 934P, the time it takes for the tablet to hydrate is progressively increased. Formulation 1 (0069904) and others like it with high levels of carbomer 934P and low levels of lactose and corn starch are probably best suited for vaginal administration where release is often required over a period days. In the first example given above Formulation 8 (0029906), where the levels of lactose and corn starch are high and carbomer 934P is low, the formula is probably better suited to buccal administration where 12 hours of delivery is usually sufficient.

As will be appreciated by one of ordinary skill in the art, the examples and preferred embodiments are not intended to be limiting, and the invention applies to tablets comprised of any active ingredient and any combination of tablet materials. Furthermore, as will be appreciated by one of ordinary skill in the art, the invention is intended to cover the methods of manufacturing and therapeutic uses of the aforementioned tablets.

The invention being thus described, it will be apparent to those skilled in the art that the same may be varied in many ways without departing from the spirit and scope of the invention. Such variations are included within the scope of the appended claims.

All publications and patents or applications mentioned in this specification are herein incorporated by reference to the same extent as if each was specifically and individually indicated to be incorporated by reference.



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